April 11, 2021, Pastor Jason
Sing
Psalm 57

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Additional study

Read Psalm 57 and consider the following content and questions from this "Generations Passing on the Faith" devotional.

How do we apply this Psalm?

This Psalm gives you a choice between fearing men and worshiping God. David plainly takes the latter approach amid his severe trial. Do not allow your mind to linger on your troubles, your enemies, or even your own comforts. When difficulties overwhelm you, it must be that you have not returned to the worship of God. As long as you return your focus to God, you will be consumed with His praise instead of with your own worries.

How does this Psalm teach us to worship God?

1. First, we need to stay awake in God's worship. Three different times, David shouts out to his own soul to wake up for the worship of God. There seems to be a natural sluggishness that falls over us whenever we enter the worship of God. Think about how easy it is for us to be distracted by our own thoughts or by the enemy's threats in the middle of our own devotions, family worship, or corporate worship in the body of the church.

2. Our preaching and singing in worship should never linger upon ourselves. While it is appropriate to spend a little time speaking of our own trials, we should inevitably turn back to God and exalt in His beauty, power, and grace in salvation.

Questions:
1. Name a few praise Psalms.
2. Where was David when he wrote this Psalm?
3. How does David describe the danger of his situation?
4. What picture does David use to describe his trust in God? See verse 1.
5. Where is David's focus in this Psalm?
6. When we have the choice between fear and worship, which do we choose and why?
7. Do you have trouble staying awake in worship? Why do you think it is difficult to focus upon the worship of God? Where does your mind turn in worship?
8. Do you find comfort in singing to the Lord? What are some of your favorite worship songs and why?
9. What stood out most to you from this Psalm?

Generations
PASSING ON THE FAITH